Flick Chicks

Whitewater women transform the video genre

Kayaking videos tended to be rough, male-dominated affairs with a common format: big drops, big waves, and minimal substance. Then a group of talented female paddlers entered the genre. These cinematic divers brought lifelines of whitewater kayaking films on the gender-bend. "It's tough for women when all they see are big boys pushing the limits as hard as they can," says filmmaker Chris Emmerton. "These videos show ladies pushing the limits as hard as the guys." — C.C. Wernick

Polly Green has lived a nomadic lifestyle for 16 years, working as a kayak instructor from one country to the next. She was inspired by a friend's film, "Nomad," a movie about women traveling the world in the pursuit of whitewater. The film inspired her to make her own film about the outdoors and women's passions. To make her film, "Nomad Geographic," she traveled the world to find stories about women in extreme sports. She used her experiences as a guide and her knowledge of the sport to create a film that celebrates the spirit of adventure and the beauty of nature. Her film was a success and has since become an inspiration for many women who want to pursue their passions, no matter what they may be.